

Family Support News Brief



Supporting Parents With Crying Babies

Bringing a new baby into the family is a joyous and stressful time. One of the main stressors can be the baby crying. Crying is a baby's way to communicate, but parents may need support to decipher why their child is crying and to calm a fussy baby. Parents may not realize that heightened crying is typical when a child is under four months of age and that this stage will pass. Parents may also need support to identify when crying is not normal and they should seek medical help. By providing information and resources to families, we can help parents feel more confident in their ability to sooth their child and reduce stress that may be associated with having a child who cries a lot. Explore the resources below and share with the families in your program.

[When Your Baby Cries](#) is a great website that has videos that demonstrate soothing techniques such as swaddling and different ways to hold a crying baby. Parents are also encouraged to practice self-care to minimize stress.

[The Period of PURPLE Crying.](#)

Researchers have dubbed the period of around two weeks of age to around four months the period of PURPLE crying. PURPLE is an acronym for some of the

characteristics that babies show during this time such as having a pain-like face and the peak of crying occurs in the evening. The great news is that this is called a period because it will end – children naturally grow out of this phase.

[ZERO to THREE](#) has a wealth of information about child development including resources for parents to cope with and comfort a crying baby, including [Colic and Crying](#), [How to Stay Calm When Baby Won't Stop Crying](#), and [Coping With Crying in Babies and Toddlers](#).



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Pennsylvania
Children's Trust Fund



2019 Strengthening Families Conference

April 30 – May 2
State College, Pa.

This excellent professional development and networking opportunity will include engaging plenaries and more than 20 workshops. Be sure to reserve your spot early – [register today!](#)



April is Child Abuse Prevention Month

Each April Child Abuse Prevention Month is commemorated across the United States. Be sure to explore the [Pennsylvania Family Support Alliance's website](#) to find out about the various events scheduled in Pennsylvania to promote child abuse prevention. Additional resources to plan your own events to commemorate Child Abuse Prevention Month can be found on [Child Welfare Information Gateway](#), including the downloadable Prevention Resource Guide.

Parents as Teachers Advocacy Webinars

Interested in evidence-based home visiting and want to learn more about the policy climate and advocacy efforts? Join PAT National Center's advocacy webinars.



[The 2018 Home Visiting Yearbook](#)

Wednesday, April 24 from 1:00 p.m. to 2:00 p.m. ET

[Breaking the Cycle of Homelessness: Supporting Young Parents and Their Children](#)

Wednesday, July 24 from 1:00 p.m. to 2:00 p.m. ET

Webinar questions? Contact [Lisa Foehner](#), director of advocacy.

Using Penelope? Need Help?

Penelope Q & A sessions are available upon request for all PAT Affiliate programs in Pennsylvania. Contact [Alexia Brown](#) for more information or to schedule a session.

Employment Opportunities

Administrative Support Manager and HR Liaison

Deadline: Friday, April 5, 2019

Primary location: Camp Hill, Pa.

Salary range: \$55,000.00 – \$62,000.00 / Exempt, Salaried

Shift type: Full-Time

Center for Schools and Communities is seeking administrative support manager and human resources liaison. This position is responsible for the development and oversight of effective/efficient administrative processes and protocols for delivery of statewide professional development and conferences, technical assistance, and associated work. It also serves as the liaison to the human resources department in the Central office. Responsible for oversight and supervision of administrative assistant/specialist staff, including staff assigned to the CSC executive office

[Apply for Admin/HR](#)

Seeking Applicants to Become Certified PAT Trainers in Pennsylvania

Deadline: Wednesday, April 10, 2019

The Center for Schools and Communities, in conjunction with the Pennsylvania Office of Child Development and Early Learning is pleased to announce the expansion of the PA Parents as Teachers training team. Since 1994, the Center has coordinated the PAT training team program in Pennsylvania. The Center is seeking individuals who will contribute to a dynamic and diverse team of highly qualified certified PAT trainers in Pennsylvania.

The selection process will be through an application and interview process. A master's degree and experience with Parents as Teachers is required. Contact [Karen Shanoski](#) to obtain an application and complete job description.

Program Manager

Tri County Community Action, a Harrisburg-based non-profit human services agency, seeks a dynamic and experienced program manager. This position involves a high degree of responsibility for the overall administration of multiple services within the assigned program. The program manager must be an effective communicator, an adept and tactical scheduler, and an agile multi-tasker. The top candidate will have an ability to handle sensitive and confidential information, prioritize competing work and deadlines, and produce highly accurate work. This manager will join with other organization staff in developing an annual budget that aligns with the strategic plan and organizational needs, enabling the organization to accomplish its mission.

[Apply for Program Manager](#)

Safe Kids Corner

**SAFE
KIDS**
PENNSYLVANIA

Skating/Skateboarding Safety for Little Kids

Skating and skateboarding helps kids develop balance and strength as well as judgment and skill in avoiding obstacles. They are going to fall for sure, but if you take a few precautions, they will get right back up again and keep trying. And is that not what being a kid is all about?

Top Safety Tips

- According to the American Academy of Pediatrics, children under should never ride a skateboard. This might seem overly protective, but a child's balance and judgment have not fully developed yet, which means a high risk for a serious injury.
- Every skater should wear a helmet. Wrist guards, knee pads and elbow pads are a good idea for everyone, but especially for beginners. Mouth guards are good protection against broken teeth.
- Buy skates that truly fit in order to make learning easier and safer for your child.
- Limit skating to bike paths or areas set aside in public parks. Kids should ride on smooth, dry surfaces located in a well-lit area and avoid areas near traffic. Streets should be off-limits, as most in-line skating fatalities involve collisions with motor vehicles.

Retrieved from [Safe Kids Worldwide](#)



Call for Workshop Proposals for the Family Involvement Conference

Deadline: Monday, April 8, 2019

October 27-30, 2019 | Best Western Premier, Harrisburg, Pa.

This conference is based upon the premise that active family involvement in the education process is the key to effective schools and student achievement. Its goal is to bring together, in a common forum, school administrators, teachers, community members and parents, to interact and address issues that are vital to academic success and the well-being of our children. This includes afterschool and out-of-school-time programs, special needs children and early childhood education.

[Submit Workshop Proposal](#)

Professional Development



Institute for the Advancement of Family Support Professionals

The Institute offers family support professionals everywhere the opportunity to learn new skills and grow their careers. Through engaging, online modules and a personalized learning map feature, professionals take charge of their growth and advancement. [Information and online courses](#) are available at no cost.

Essential Communication Skills

March 20 – July 10 every other Wednesday | Philadelphia, Pa.

This course invites participants to explore principles and practices of essential communication skills. Early childhood educators and family professionals need proficiency in intentionally using healthy communication skills when interacting with parents, caregivers, colleagues, clients and staff. By gaining more proficiency in using these skills, family professionals become better equipped to promote healthy, meaningful relationships.

[Register for Communication Skills](#)

Family Support

2019 Strengthening Families Conference – PAT and CTF
April 30 – May 2, State College, Pa.

Family Support Webinars

First Wednesday of the month
10:00 a.m. – 11:00 a.m.

April 10 – Principles and Practices in Infant Mental Health

NO MAY WEBINAR DUE TO CONFERENCE

June 5 – TBA

PAT Knowledge Studio Course

Facilitating Groups
April 2-3, Camp Hill, Pa.

Interacting Across Abilities
April 23-24, Camp Hill, Pa.



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Parents as Teachers

Until one month prior to the event, registration will only be open to Pennsylvania participants. If you have a new hire in the month before the event, contact [Alexia Brown](#).

PAT Foundational & Model Implementation

For new parent educators and supervisors of affiliate programs
June 3-7, Camp Hill, Pa.

PAT Foundational

For new approved users
June 3-5, Camp Hill, Pa.

PA Foundational 2: 3 Years through Kindergarten

April 23-24, Homestead, Pa.
June 24-25, Camp Hill, Pa.



Parents as Teachers™



Family Support at Center for Schools and Communities provides training and technical assistance to Parents as Teachers providers, Children's Trust Fund grantees and the Strengthening Families leadership team.

Family-School-Community Partnerships

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Parents as Teachers

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[Pennsylvania Parents as Teachers](#) at Center for Schools and Communities.

[Children's Trust Fund Strengthening Families](#)